

Teen Resource Guide

Agency	Services Provided	Contact Info.	Location
CRISIS HOTLINE			
United Way 211	The 211 Call Center provides an easy-to-remember telephone number and web resource for finding health and human services– for everyday needs and in crisis situations.	Dial 211 Visit https://pa211sw.org/	Serving Allegheny, Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Mercer, Somerset, Washington and Westmoreland Counties.
988 National Suicide and Crisis Hotline	PA crisis call centers can immediately provide phone-based support and/or connections to local resources. If needed, the counselor can: <ul style="list-style-type: none"> • Activate a mobile mental health crisis team that will arrive on site. • Provide therapeutic interventions. • Make referrals for outpatient services or transportation for further evaluation. 	Dial 988	National
Resolve Crisis Services: UPMC	You don't have to go through your crisis alone. resolve Crisis Services is ready to help. Crisis counseling and support. Referrals. Intervention services for adults, teens, and their loved ones.	Just call resolve Crisis Services for help at 1-888-796-8226.	resolve is a 24-hour, 365-day crisis service that's free to all Allegheny County residents
Caring Connections for YOUTH	A community-led initiative developed by the Black Girls Equity Alliance (BGEA) that provides access to supports and services to ANY YOUTH, up to age 18, living in Allegheny County, Pittsburgh, PA as a diversion to the Juvenile Justice and Child Welfare Systems.	Dial 211...Option #3 Text NOW CC4YOUTH TO 898-21 CHAT at CC4YOUTH.ORG Call 412.231.2612	
FOOD BANK			
Greater Pittsburgh Community Food Bank	Increasing food security and stabilizing lives. Food is something we all need and something we can all share. The Food Bank's goal is to increase access to nutritious food and foster long-term stability for neighbors who struggle.	1 N. Linden St. Duquesne, PA 15110 (412) 460-3663	Serving 11 counties in south-western Pennsylvania

HOUSING			
Allegheny Link	Households experiencing homelessness and/or their advocates to access services such as emergency shelter, rental assistance, and screen for longer term homeless housing programs using the Allegheny Housing Assessment tool Households experiencing housing instability or eviction with assessment and referrals to prevention programs and services With navigation of affordable housing resources With resource connection to any and all supports and services leading to housing stability	The Allegheny Link accepts in person drop ins, emails, and phone calls for assistance. In person at One Smithfield Street, Pittsburgh 15222 By phone at 1-866-730-2368	Allegheny County
HEALTH & WELLNESS			
Pittsburgh Family Planning Health Center	Services on abortion referrals, birth control, HIV services, Men's Health Care, Mental Health, Morning-After Pill, Pregnancy testing and services, STD testing, treatment and vaccines, Women's Health Care	412.434.8971	933 Liberty Avenue, Pittsburgh PA 15222
UPMC Center for Care of Infectious Diseases- HIV Primary and Specialty Care	Comprehensive HIV primary and specialty care; HIV treatment and social support services for persons with HIV	412.647.7228	Falk Medical Building Seventh Floor 3601 Fifth Ave. Pittsburgh, PA 15213
9 th Street Clinic	Basic outpatient care, chronic disease management, on-site pharmacy, basic lab workup, immunization, PPD skin test, and MA and UPMC FA application.	412.664.4304	410 9 th St. McKeesport, PA 15132
Birmingham Free Clinic	Welcome all patients without health insurance. Offer primary, acute medical care, medication access, medical and social services, case management, and insurance navigation.	412.481.7900	2100 Jane St. Pittsburgh, PA 15203

TEEN MENTAL HEALTH & BEHAVIORAL HEALTH			
Services for Teens at Risk (STAR-Center)	<p>STAR is a program that supports youth who are at high risk for suicide. Children with significant depression and anxiety. Some also have experienced trauma.</p> <p>Services for Adolescent and Family Enrichment (SAFE) Program is an outpatient program devoted to providing mental health treatment services to children and adolescents involved with the juvenile court system in Allegheny County, Pittsburgh, PA due to problematic sexual behaviors. These children have experienced significant trauma and have acted out through inappropriate and sometimes assaultive sexual behavior.</p>	<p>University of Pittsburgh 100 North Bellfield Avenue, 6th Floor Pittsburgh, PA 15213 (412) 246-5619</p>	Allegheny County Youth
Steel Smiling	<p>They refer clients to providers keeping in mind their demographic and whether they have insurance or not. Have a fund to assist clients who don't have insurance. Also have pro bono and sliding scale service. They accept all insurance. Appointments are virtual and in-person, but for the first intake appointment they prefer in-person.</p>	<p>Robin@steelsmilingpgh.org 412-377-5533 (direct) (412) 532-9458 (general) 429 Fourth Ave. Suite 1900, 15219 https://www.steelsmilingpgh.org/</p>	Greater Pittsburgh Region
Three Rivers Youth	<p>Three Rivers Youth accelerates the recovery of children, adults, and families from abuse, substance use, and mental health disorders.</p>	<p>6117 Broad Street Pgh, PA 15206 TEL 412.441.5020 FAX 412.441. Email: INFO@THREERIVERSYOUTH.ORG</p>	Greater Pittsburgh Region

SAFE SPACES			
J Miles Youth Engagement Center	The J Miles Youth Engagement center is a trauma informed space for youth to become their best selves. It is a strategic solution-based initiative. The main lounge gives youth an opportunity to hangout in a safe and comfortable space. Some additional services include mentorship, drivers license program, recording studio, video games and apprenticeships.	412-592-6031	Downtown Pittsburgh
412 Youth Zone	412 Youth Zone supports young adults, aged 16 to 23 who are transitioning out of the foster care system or facing unstable housing, in their transition to adulthood. Services include support in a variety of areas such as education, life skills, housing needs, prevention services, and employment.	Auberle's 412 Youth Zone 304 Wood Street 5th and 6th Floor Pittsburgh, PA 15222 412-902-4068	Allegheny County Youth
INCARCERATED PARENT			
Amachi Pittsburgh	We seek to empower, nurture, and protect those most vulnerable to the criminal justice system. We work to amplify the voices of youth & families; activate a community of support; and advance policy & practice to drive equity and justice.	1830 Forbes Avenue, 2nd Floor Pittsburgh, PA 15219 Call Us 412.281.1288 Email Us admin@amachipgh.org	Youth in Allegheny County

VICTIM SUPPORTS & SERVICES			
Center for Victims	Caring, professional staff is available 24 hours per day, seven days per week to respond to emergency needs of crime victims and witnesses, answer questions, and provide support. The hotline serves as the gateway to all of our services. Anyone can call the hotline seeking help for themselves or others, including victims and witnesses and their families or friends, law enforcement, hospitals, social workers or mental health professionals. Staff helps the caller to identify their needs and resources including those provided by Center for Victims and other community organizations.	24-Hour Crisis Hotline 1-866-644-2882 Pittsburgh Office: 3433 East Carson Street Pittsburgh, PA 15203 412-482-3240 412-482-3241 (Fax)	Allegheny County, Greater Pittsburgh Community
Highmark Caring Place	The Highmark Caring Place, A Center for Grieving Children, Adolescents and Their Families, is a safe place where grieving children and families can come together and be with others who understand what they're going through.	(888) 224-4673	Free of charge for families in
PAAR Pittsburgh Action Against Rape	PAAR provides a sexual assault hotline services and medical/legal advocacy. Serving people who have experienced sexual assault, sexual violence, sexual abuse, rape, and sexual exploitation/sex trafficking. PAAR strives to Respond, Educate and Advocate to end sexual violence.	81 South 19th Street Pittsburgh, PA 15203USA Phone:412-431-5665	Allegheny County

LGBTQIA+			
Persad Center	<p>Persad Center is dedicated to improving the well-being of the LGBTQ+ (lesbian, gay, bisexual, transgender, queer and questioning) communities and the HIV/AIDS communities in Western Pennsylvania. Through a variety of outreach, prevention, counseling, advocacy, and training services, we work to resolve problems faced by the LGBTQ+ and HIV/AIDS communities.</p>	<p>Our Pittsburgh office front desk can be reached at 412-441-9786 during their business hours Crisis Text line</p> <p>Text "HOME" to the number 741741 for free 24/7 support via text message.</p> <p>Trans Lifeline Call the peer support hotline run by and for trans people at 877-565-8860. They're available 10 am-4am EST.</p> <p>Trevor Project Call the 24/7 hotline for LGBTQ+ youth at 1-866-488-7386, text "START" to 678-678, or chat online at TrevorChat.</p>	
SUBSTANCE USE			
Gateway Rehab	<p>Counseling services for adolescents and young adults trapped in opiate, drug, or alcohol addiction requires a specialized approach. We provide a comprehensive program to drug rehab for young adults and adolescents that is designed to address their unique recovery needs.</p>	1-800-472-1177	Serving Western PA